

Daily Schedule (Sample Morning Program: 8:30 a.m.–12:30 p.m.)

Time	Activity	Purpose and Focus	Roles
8:30–9:00	Arrival and Free Play	<i>Smooth transition, social engagement, sensory exploration</i>	ECE greet families; designated therapists observe and support transitions
9:00–9:20	Circle Time	<i>Build communication, attention, and group participation</i>	SLP/ECE leads; ECE or designated therapist use visuals to guide routine
9:20–10:00	Individual or Small-Group Therapy	<i>Targeted skill development</i>	Designated Therapist (OT/SLP/BC) conducts 1:1 sessions; ECE leads remaining children in activities
10:00–10:20	Snack Time	<i>Encourage independence, fine motor, and social skills</i>	Therapists support adaptive routines; ECE leads remaining children
10:20–10:40	Gross Motor Activity or Movement and Regulation Time	<i>Gross motor skills, teamwork, regulation</i>	Therapists embed goals in play or Designated Therapist (OT/SLP/BC) leads; ECE facilitates or supports the activity
10:40–11:00	Transition and Clean-Up	<i>Teach responsibility and self-regulation</i>	ECE use songs or visual cues; therapists assist children needing extra support

11:00–11:45	Learning Centres	<i>Exploration, creativity, and problem-solving</i>	ECE leads; therapists integrate goals naturally
11:45–12:00	Closing Circle or Story Time	<i>Reflection, comprehension, emotional connection</i>	SLP leads; ECE supports
12:00–12:30	Dismissal	<i>Smooth transition to home</i>	ECE and therapists debrief families and share key updates
