

# MONTHLY CURRICULUM PLAN (Sample)

MONTH/YEAR: \_\_\_\_\_

THEME / FOCUS: Emotions & Five Senses

BC ELF Domain	Week 1	Week 2	Week 3	Week 4
<b>Communication &amp; Literacy</b> <i>Early writing, vocabulary, storytelling</i>	Crayons & paper Felt Board: <i>Goodnight Gorilla</i>	Markers & paper Felt Board: <i>The Wheels on the Bus</i>	Pre-writing salt trays: basic lines Felt Board: <i>The Color Monster</i>	Pattern block letters Felt Board: <i>Big Red Rock</i>
<b>Social &amp; Emotional Development</b> <i>Identity, feelings, cooperative play</i>	Dramatic Play: Home Living Playdough: feelings rollers & emotion counters	Dramatic Play: Birthday Party Birthday sprinkles dough	Dramatic Play: Home Living Kindness hearts cutters	Dramatic Play: Apple Orchard
<b>Physical Development (Gross &amp; Fine Motor)</b> <i>Manipulation, coordination, hand strength</i>	Light Table: Rainbow sorting Math: chip clips & coasters	Light Table: pastel links sorting Math: wooden number puzzles	Light Table: ping pong balls & trays Math: sorting tins & craft sticks	Light Table: first letter gems Math: potato head partner game
<b>Cognitive Development</b> <i>Problem-solving, observation, senses, classification</i>	Science: Sense of Sight Blocks: Using blocks to build a city with numbers	Science: Sense of Hearing	Science: Sense of Touch Blocks: Potato Heads & accessories	Science: Sense of Smell
<b>Creative Arts</b> <i>Expression through materials and imaginative play</i>	Sensory: Black beans + houses/people Play Dough: Purple dough	Sensory: Blue/Pink foam + candles	Sensory: Blue/Pink foam + bowls & erasers Play Dough: Purple dough	Sensory: ABC noodles + apples Play Dough: Chocolate dough
<b>Self-Regulation</b> <i>Emotional awareness, routines, calming strategies</i>	Recognizing basic emotions; using feeling words; following simple transitions	Turn-taking practice; gentle hands; co-regulation with educator	Using calming tools (breathing, sensory); using "Stop. I don't like that."	Increased independence with routines; using visual cues to self-manage transitions
<b>Social Responsibility</b> <i>Community, helping, caring for materials &amp; peers</i>	Learning classroom jobs (tidy helper, snack helper); practicing sharing materials respectfully	Participating in group routines; celebrating others during "Birthday Party" theme; using kind words	Helping friends problem-solve; showing kindness (Kindness Hearts theme)	Contributing to group clean-up; caring for nature-themed materials

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